

# LENT 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		5 Enjoy a pancake - remembering Lent starts tomorrow! What will you do for Lent?	6 <b>Ash Wednesday</b> Why do we receive ashes today? <b>Say a prayer after you have received your ashes.</b>	7 Be helpful today. Do something extra for your parents.	8 <b>Say thank you for something that you have done this week.</b>	9 <i>'I have come that they may have life, and have it to the full.'</i> John 10: 10  Try something new today.
10 <b>1<sup>st</sup> Sunday of Lent</b> <i>'Jesus, full of the Holy Spirit, was led into the desert where he was tempted for 40 days.'</i>  Luke 4: 1-13	11 Go without something you like today – pray for all of those who always go without.	12 <b>'We must try to live, love, work and serve as Jesus taught us.'</b> How are you going to live out our mission statement today?	13 Pay someone a compliment today – what kind things can you say to others?	14 Don't forget to talk to God - He will always listen to you.	15 <b>Say a sorry prayer for anything that has gone wrong this week.</b>	16 <i>Thank God for all of your family and friends.</i>
17 <b>2<sup>nd</sup> Sunday of Lent</b> "This is my Son whom I have chosen; Listen to him."  Luke 9: 35	18 At the start of a new week, say this prayer: <b>Jesus, help me to remember that nothing is going to happen that you and I can't handle together. Amen</b>	19 <b>Happy St Joseph's Day!</b> <i>'Joseph did what the angel of the Lord had told him to do.'</i>  <b>Pray for all fathers</b>	20 <i>'Love one another as I have loved you.'</i> <i>Lord, where there is hate, let me bring love.</i>	21 <b>Jesus served his disciples by washing their feet.</b> <b>Think how you serve others today.</b>	22 <b>How old are you?</b> Can you make that many people smile today?	23 Rejoice in the Lord always.  <i>Lord, where there is sadness, let me bring joy.</i>
24 <b>3<sup>rd</sup> Sunday of Lent</b> Does your tree bear fruit?  Luke 13: 1-9	25 <u>The Annunciation of the Lord</u> <i>'Peace be with you. The Lord is with you and has greatly blessed you.'</i>  <b>Say a decade of the rosary.</b>	26 <b>Help someone who needs your help today.</b>	27 <i>Don't waste your food – pray for all of those who don't have enough food</i>	28 Happy are you if you work for peace. God will call you His children. <i>Lord, help us to stretch out a hand in peace to children everywhere.</i>	29 <i>Say a prayer for all of the St Joseph's family - children, staff, parents and governors.</i>	30 Jesus promised to be with us until the end of time. Look for him each day
31 <b>Mothering Sunday</b>  <i>Say a prayer for all mothers today.</i>	1 April  <b>Think of something you are thankful for and thank God for it.</b>	2 <i>Mary, Joseph and Jesus were all refugees.</i> <b>Pray for refugees all over the world today.</b>	3 Be kind in your words and actions today.	4 Say a prayer for your teachers today.	5 Sit quietly, and ask God to show you his love today.	6  <b>Share any worries you have with God and remember that He loves you.</b>

<p>7 <b><u>5th Sunday of Lent</u></b> The woman showed Jesus she was sorry. <b>How do we show we are sorry?</b> John 12: 1-8</p>	<p>8 <i>Jesus is the Light of the World – be a light for someone today.</i></p>	<p>9 I am with you always. <i>Lord, where there is doubt, let me bring hope.</i></p>	<p>10 <b>Be a St. Josepharian today – put others before yourself.</b></p>	<p>11 Remember all of those people who have died fighting for our country.</p>	<p>12 Help a charity today – maybe money or food for the Foodbank.</p>	<p>13 Write a <b>thank you</b> note to someone who has done something special for you.</p>
<p>14 <b><u>Palm Sunday</u></b> "God bless the King, who comes in the name of the Lord."  Luke 19: 28-40</p>	<p>15 <b><u>Holy Week</u></b> <b>Ask Jesus to bless you and your family this week.</b></p>	<p>16 Pray the prayer that Jesus taught us, the Our Father.</p>	<p>17 During Lent we give up something - go without screens today. Spend that time and thinking about Jesus' last days.</p>	<p>18 <b><u>Maundy Thursday</u></b> <b>Think about what happened to Jesus in the Garden of Gethsemane.</b></p>	<p>19 <b><u>Good Friday</u></b> <b>Kiss the cross. Jesus forgives – be forgiving.</b></p>	<p>20 <b><u>Holy Saturday</u></b> <b>Be quiet and thoughtful as you wait for the Son of God to rise</b></p>
<p>21 <b><u>Easter Sunday!</u></b> <b>The Lord has risen.</b> <b>Alleluia!</b></p>						